श्री स्वामी समर्थ प्रबोधित ज्ञानसागर



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Life-time Master Goal

Before you read the article, kindly note that I am not an English speaking person. I am not familiar with colloquial language. Hence I request you to pay attention to the content of communication, and not to language proficiency. Purpose of presentation in English, is to approach the maximum number of personnel, around the world.

Everybody is interested to succeed in his respective field of working. First step to success is to define your target clearly. Next is to plan line of action properly, on the basis of acquired knowledge. Next is to work hard in right direction, with full vigor. Your confidence in your chosen path, will surely guide you to success. Most important is clarity of target definition, and your strong determination to achieve the set target. This will-power will drive you to success.

Today's topic is Life-time Master Goal. One normally thinks of setting up a professional goal. But setting a life-time Master Goal is important for leading a smooth and happy life. You must know clearly as to what you want to achieve during your life span. Master Goal must be the highest one. Low aim is said to be a crime. Considering the total life span, you should set Master Goal. In order to lead a successful life, clarity about Goal is essential. Then only you will be able to keep yourself stable to steer the course of your life. Think seriously. Stretch your imagination beyond limits. What can the highest Master Goal be? Collect information from knowledgeable people, take reference of literature by knowledgeable people, search yourself. It's a question of steering your life, through various hassles and storms. A very important factor. So think! think! & Think. You will surely find one, when you yourself search.

Now I put forward a few thoughts, based on Adhyatma concepts, for you to think about.

Normally, One thinks about the following items to be his Master Goal.

- 1. collecting huge wealth by any means,
- 2. possessing all sorts of amenities,
- 3. enjoying all varieties of available pleasures,
- 4. gaining fame to become a celebrity in society,
- 5. enjoying single handed ruling power for a long duration.

Majority of persons do not think about any achievable, beyond this. He prefers setting a lower target and to be satisfied at it, rather than expanding his capabilities, to reach higher heights.

Life can not be limited to living a cosy life-style. It is important that your life should always be full of Bliss. Man wants to experience Joy/ Anand (आनंद), while enjoying pleasures.

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If you peep inside your mind and study your deep rooted desires, you will conclude that he craves seriously for Joy/ Anand (आनंद).OR Uninterrupted Bliss. He momentarily experiences Anand(आनंद) while enjoying pleasures. He therefore tries hard to gain more and more pleasures. For enjoying pleasures of all kinds, he is after accumulation of wealth and amenities. Simultaneously, along with his regular efforts for livelihood, he tries hard to grab opportunities to enjoy various pleasures, unknowingly. Indirectly trying for Joy/ Anand (आनंद). He is aware of this path only, which has been laid down and followed by several previous generations. A serious search can lead him to other ways of experiencing Anand(आनंद). But he prefers following the standard proven path, rather than probing a new less known one, as a safer bet. Works hard throughout his life span, hunting more and more pleasures. In search of pleasures, Craving for pleasures is so intence that, even after death, Man wants to reach Heaven, in order to enjoy lot of divine pleasures. He makes serious efforts to ensure a chance of boarding journey to heaven, by performing good deeds / Punyakarma (पुण्यकर्म), and accumulating maximum possible Punya(पुण्य) credits. Reaching heaven is the higher limit of imagination. He cannot bear still higher level thoughts. He gets scared.

We try to probe still further. You want joy/ Anand(आनंद) in an uninterrupted format. You want to lead a peaceful contented life. So you want peace of mind, as well as uninterrupted contended feeling. How about getting all this in a single package? Very good idea. Very much lucrative. But is it practicable? Is it achievable?

Yes it is. Many have achieved this state, while leading a common man's normal life. This package is called "Merger with Almighty or Parameshwarpraptee (परमेश्वरप्राप्ती)".

Let us view the details of this lucrative Master Goal Package " Merger with Parameshwar".

- 1. Uninterrupted Bliss. Undisturbed happy mood. State of joy/ Anand(आनंद), which fills your heart up to brink and spills all around to make everybody around you happy. Not only you but every person in your company will become happy.
- 2. All time satisfaction, irrespective of constantly changing circumstances. Everlasting calm and quiet state of mind.
- 3. All time contented, even tough your possessions change constantly. Absolutely no trace of greed.
- 4. You live only in Present time. Think only about current situation. No ill memories of difficult days. No worries about future. Totally a fearless state.
- 5. Absolute freedom.
- 6. Wide open treasure of divine knowledge. Take whatever you want, whenever you like.
- 7. Over and above, uninterrupted experience of universal presence of your own entity, the Soul, as well as the Almighty. This is the ultimate divine experience.

All wants of a human being are fulfilled in one package. Nothing is left out.

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Adhyatma recommends Parameshwarpraptee (परमेश्वरप्राप्ती) to be set as Master goal.

Many do not believe in real existence of GOD. There is a big confusion about existence of Parameshwar, the Almighty. People think that existence of Almighty is imaginary. It is not a reality. Hence Merger with Parameshwar is a super imagination. All that can not be a reality. All such thoughts are superficial, limited only to intellectual level. But deep inside, emotions believe in GOD. Existence of Almighty.

Some times, Man faces serious sensitive problems. He tries all possible, known remedies/ solutions. In case if they fail to produce desired results, then emotions overrule. Intellect then accepts existence of Supreme Power, Almighty. Man prays or begs for help, knelt with folded hands, putting his ego aside.

Please do not get stuck up in such a confusion. Be sure that Parameshwar(परमेश्वर) as well as Parameshwarpraptee (परमेश्वरप्राप्ती) both are real.

Human body has been developed for that purpose. All the necessary faculties are available in human body. Various GODs, residing in heaven, cannot achieve this target. They have to take a human birth in order to achieve this supreme state. Only human being can reach this recommended Master Goal. You are a human being. Take full advantage of opportunity and try hard to reach this Master Goal, the lucrative package. It is a matter of revising your mind-set / attitude only.

Decide Parameshwarpraptee (परमेश्वरप्राप्ती) as your Master Goal. Try hard to full fill your dream. You have to work upon your own mind. Develop the right kind of mind-set. Then you experience yourself, mental peace & Joy/ Anand(आनंद) in ongoing regular real-life. Do it to believe. You have to study seriously and practice patiently in right direction, pointing towards Master Goal, with uninterrupted focus. Divine guidance is available throughout the path. Adhyatma recommends this package as a Master Goal, strongly.

Please understand, that all other goals are short term goals. Remember your Master Goal, even while working for short term goals. You will then surely achieve short term goals, without getting distracted from Master Goal.

One expects to lead a happy real life. Dragging the real life, in unhappy mood is no good. It all depends upon your mind-set. How you look at real life events. Adhyatma is mainly concerned about your mental health, and amending the mind-set. If you are mentally fit, you will be able to enjoy pleasures, and extract Anand (**317-16**), out of it. So digest Adhyatma concepts; change your mind-set & view each real life event from a different perspective. Ultimately enjoy every event of real life happily. Real life situation may not change, as you wish. You change your view point mentally.

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Carrot is lucrative. But very difficult to achieve. Achievable only by amending fine level mental activities. Very few physical activities are involved. Effect of your physical activity at mental level is important. One feels mentality development task as difficult. Flexible mentality at a grownup age is difficult to achieve. Don't be afraid. Do not get disheartened. You start from where you have left, in next human birth. A tough target is always enjoying.

Efforts are related to mind. Nothing is visible. Efforts are to be done at finer subtle levels, within. One should maintain focus on his long-term Master goal. Lot of diversions, distracting negative thoughts etc, come in way. Various attractions, interruptions, thinking distractions, emotions etc. try hard to divert your focus. One should always be attentive. You have to keep your mind under constant surveillance.

Don't think negative. Will I be able to manage; all this seams to be very slippery. Paying attention to mental activities is tough. No relaxation at all. Will I be able to retain my strength, my enthusiasm, will-power? Always think positive. Let me give a fair trial, otherwise I will not be able to judge. Good beginning is half done. I must do it. I will surely achieve. If I get tired, I will take halt. Go step by step in short stretches. Even if I do not reach the target during this life span, does not matter. I will surely be able to improve myself. I will be partially happy, if not fully. I must start. Think repeatedly over such positive thoughts. You will build up the necessary will-power. Divine assistance is assured all throughout, journey of improvement. In such case, I must make a beginning, with firm determination.

Constant vigilance, proper planning, consistently acquiring knowledge about the slippery spots, pitfalls etc., and monitoring your progress, is extremely essential. Proper planning will ensure start from right spot, in right direction. Journey is time taking & long way to go. Time and energy should be used carefully and sparingly.

Never get disheartened any time. Even if you make mistakes. Realizing the mistake and avoiding the same attentively, is the way to progress. One learns through mistakes only. Unless you try, you will not commit mistakes. You will otherwise never improve. Divine help and guidance are always available. Be sure about that. Move ahead with determination. Desire to achieve will power your efforts. Determination will navigate.

Many more such fundamental thoughts are to be put forward. Read further in next article.

I pray Almighty for providing inspiration, energy, support and his grace to ensure your success. Please accept my personal wishes for your success.

! Be happy! Be happy! Be happy!