



!! श्री गणेशाय नमः !!

!! श्री स्वामी समर्थ जयजय स्वामी समर्थ !!

Knowledge- Wisdom- Intuition

Before you read the article, kindly note that I am not an English-speaking person. I am not familiar with colloquial language. Hence, I request you to pay attention to the content of communication, and not to language proficiency. Purpose of presentation in English, is to approach the maximum number of personnel, around the world.

Adhyatma Shastra elaborates and defines each of the three terms precisely. Let us know more about it.

Collection of thoughts/ concepts, received and understood at intellectual level, is Knowledge.

Wisdom is the knowledge used/ implemented in real life situations.

Digested knowledge concepts are stored in ready reckoner memory. Thought process decides actions by Physical Body. This thought process uses Knowledge concepts from ready reckoner memory as reference thoughts, for building the thought chain. Thus, digested Knowledge Concept is used for deciding physical actions. This is the way of implementation of knowledge into real life actions.

Wisdom is therefore the storage place of ready to use knowledge concepts. Same, ready reckoner memory is called Dharana (धारणा) in Adhyatma. In turn, wisdom in English is equivalent to Dharana (धारणा), terminology used in Adhyatma.

Knowledge thoughts are transformed into Wisdom, through intentional mental efforts. Ages proven mental process has been recommended for this purpose. This procedure is a set of four distinct steps or mental activities.

- 1) Listen (श्रवण):- Study of Knowledge concepts
 - a) Listen to the discourses delivered by holy personnel, having divine experience (संत सत्पुरुष) attentively and grasp the narrated knowledge concepts.
 - b) Read with conviction that author himself is narrating to you, authentic books on Adhyatma/ spiritualism, or literature generated by various saints. Read loudly and listen to your own voice carefully. You may be able to understand intellectually, when you read mentally. However, deeper penetration/ remembrance is practicable through careful listening.
- 2) Recollection (मनन):- Recollect knowledge concepts carefully. Replay the tape of discourse, recorded in mind. Isolate each concept, and store separately in memory.
- 3) Contemplation (चिंतन):- Think about the concept from all possible angles, understanding the concept; implementation in real life; probable difficulties (physical & mental) in implementation and ways and means of overcoming the same, etc. Do brainstorming yourself. Your own thinking is more important than a group discussion. Understand the concept clearly. If you have any doubts, or

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if you need any further clarification, discuss with experienced person. Please do not hesitate to open a dialogue with divine personnel. Divine personnel always welcome genuine queries. Get confirmation that your understanding about knowledge concept is correct. Wrong understanding will lead to serious troubles, and confusions.

- 4) Repeated recollection (निदिध्यास):- Recollect the correctly understood concept and think repeatedly about it. Thereby it will penetrate into ready reckoner memory (धारणा). Thought process deciding physical action, refers to ready reckoner memory, by default. Advertising Industry uses the technique of repeated hammering affirmations. Repeatedly displayed advertisement is remembered and recollected at right time.

It is necessary to carry out the complete process on each concept. Any wrong understanding of concept will lead to mistakes and ultimately troubles. It is practically impossible to remove/replace a wrong concept later. Hence, activity of contemplation should never be neglected or avoided.

Sensory organs like eyes and ears are normally used for acquiring Knowledge. Mayatatva (मायातत्त्व) adulterates this knowledge during the process of receiving.

Another way of acquiring knowledge:-

Knowledge thought bias is transmitted directly by Atmatatva (main part/ core of Soul), through intuition. These intuitive thoughts keep on pouring regularly. This is knowledge from within, without intervention of Mayatatva/ Illusion (मायातत्त्व). Art of isolating, and absorbing these intuitive thoughts is called Vivek (विवेक).

According to message given by Swami Samarth, Knowledge acquired through Vivek (विवेक), is the knowledge about eternal facts. Knowledge acquired, using sensory organs of Physical body is not eternal. This knowledge leads to increase of desires of enjoying pleasures all the time. Hence, one should develop the faculty of mind called Vivek, and absorb eternal knowledge for progressing towards Parmeshwar.

Huge quantum of irrelevant, unwanted thought chains keep on roaming in mind at any point of time. When intuitive thought arrives in mind, it is lost among the crowd of thought chains. It is then very difficult to identify & isolate this intuitive thought. To start with, it is necessary to build up capability to observe these thought chains roaming in your mind, from third party perspective. Thereafter you should be able to drain this crowd of thoughts out of your memory space. You should then watch each incoming thought attentively and carefully, in order to identify intuition. This is an independent thought bias. It does not evolve from a developing thought chain. With reduced crowd, it is easier to identify intuitive thought. One should identify intuition immediately, on arrival. Otherwise, it will get lost in

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crowd. When quantum of crowd is less, some minute time gap is available for identifying intuition. Identified intuition can then be isolated and used.

Swami Samarth recommends a mental exercise. Two articles named Introspection-1 and Introspection - 2 on website "swamidnyanprakash.com" elaborate this exercise along with theory of deep level background activities. I sincerely request you to read both articles and practice the recommended exercise regularly. Results are assured.

! Be Happy ! Be Happy ! Be Happy !